

# **Crazy Quilting Lessons / Challenge 2008**

## **HGTV Quilting Needle Arts Board**

**Presenter: Kathy (hgtv board name: SHAWKL)**

**Stitches and Photos Courtesy of Kathy (hgtv board name: SHAWKL)**

**Lesson 10 Introduction to Motifs: Teddy Bear to add to your CQ block**

# Sewing a Dimensional Teddy Bear



## Supplies:

Fleece fabric for bear  
Cotton fabric for lining, same color as bear  
Pattern  
Thread to match bear fabric  
Thread to stitch outline  
Black thread for nose/mouth  
Black beads/buttons for eyes  
Ribbon (optional)

## Steps:

1. Determine the size of the bear needed for your project. Enlarge or reduce the pattern to the appropriate size.

2. Gather necessary supplies. Make sure the cotton lining fabric closely matches the bear in color. Make sure you have enough fabric to cover the entire pattern. (figure 1)



Figure 1.



Steps (continued)

3. Place the paper pattern on the back of the fleece. Set your sewing machine to a small stitch (size 1 to 1.5) and sewing speed to low or medium. Select a sewing thread color that closely matches the bear fabric. Stitch over all the dashed lines of the pattern (figure 2). Clip threads.

4. Change the thread color to a slightly darker shade. Flip the bear over so you are stitching on the front. Stitch over the seams in the center belly and foot areas only. Use a satin stitch or several passes with a straight stitch (figure 3). (note: you can also stitch this by hand)

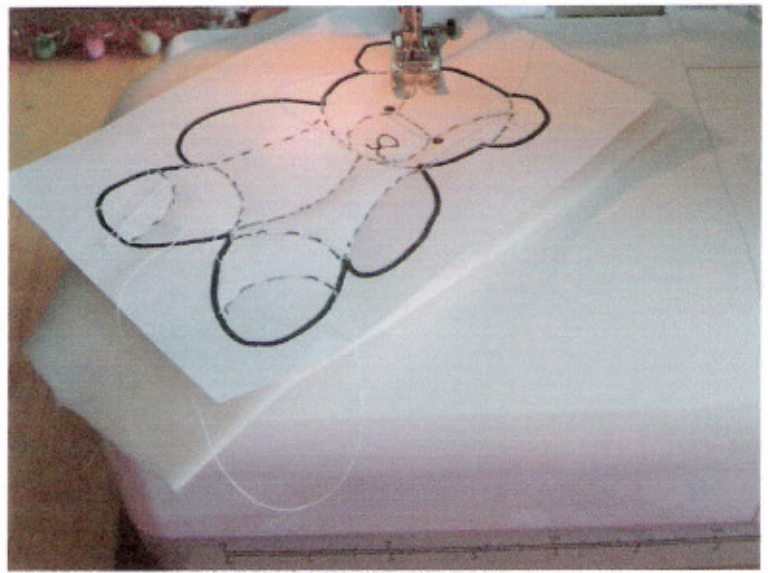


Figure 2

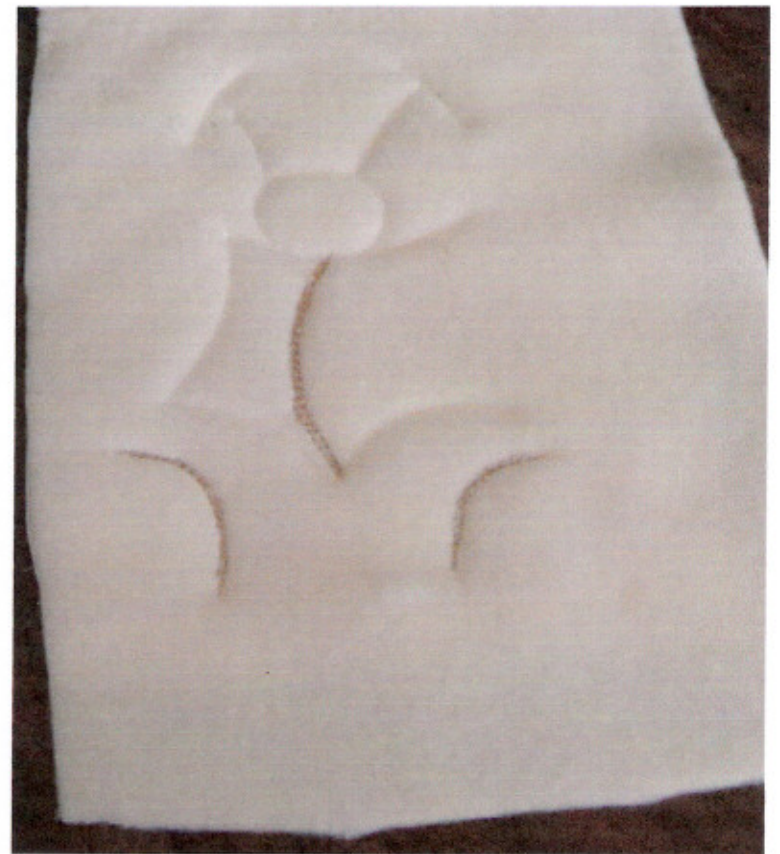


Figure 3

5. Look at the pattern, check to ensure you have stitched all of the dashed lines before going to the next step (figure 4).

6. Tear the pattern away from the bear. Save the nose area for later reference.



7. Place the lining fabric face down on the front of the bear. Change the sewing machine thread color back to match the bear fabric. Change the stitch type/length back to a small straight stitch. Stitch around the outside of the bear shape, on the solid line of the pattern (figure 5).

8. Cut the bear shape out. Leave a slight seam allowance (about 1/16 of an inch, clip inside curves as needed). Note: This is possible, if you used a small stitch width. (figure 6)

9. Clip the lining fabric down the center of the bear from shoulder to hip; careful to only cut the lining fabric. Turn the bear right side out (figure 6).

10. Lightly stuff the bear shape with poly fill (figure 7). Whip stitch the opening closed.



Figure 7

11. Place the bear shape on to the background fabric of your project. Pin in place. Thread a hand sewing needle (sharp or applique) with a slightly darker color thread than the bear fabric.



Figure 5



Figure 6



12. Hand stitch over each of the seam lines using a running or stab stitch. Do not stitch over the belly or foot seams again. When stitching, go from the back of the bear completely through the stuffing to the front and repeat. Pull the thread slightly with each stitch to add dimension to the bear (figure 8). Continue to stitch these seams until all have been completed (figure 9).

13. The bear shape is now complete attached to the background fabric, and appears to be sitting or lying on the surface. If desired, (optional) the bear can be completely stitched down to the background square by stitching down the outside seam (figure 10).



Figure 8



Figure 9



Figure 10



14. Place the snout pattern piece back over the bear face. Place straight pins at the three corners of the nose shape. With black sewing or embroidery thread, outline the nose, using the pins as guides for the shape (figure 11).

15. Remove the pins. Fill in the nose with satin stitch. Stitch two small curves to complete the mouth.

16. Sew black beads or buttons at the juncture of the head seams and nose. Attach a bow (optional) slightly below the left shoulder area (figure 12)

Enjoy the Technique,  
SHAWKL

Here's a miniature bear done for Ithinksew's Crazy Quilt Heart block. Seed beads were used for his eyes, and he is not attached at the edges.

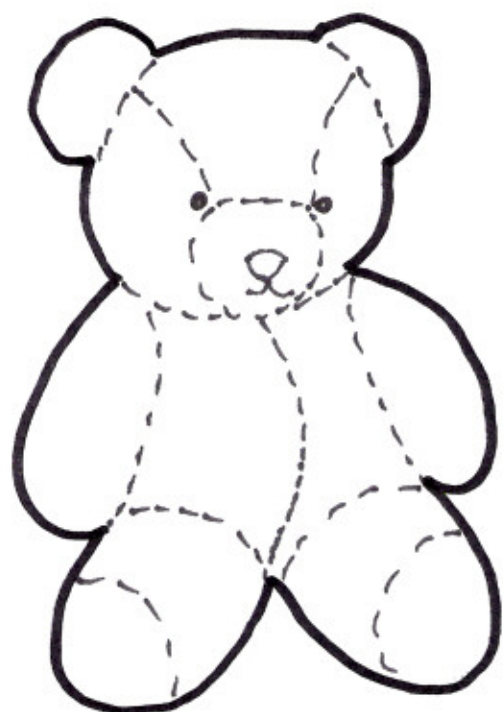


Figure 11



Figure 12





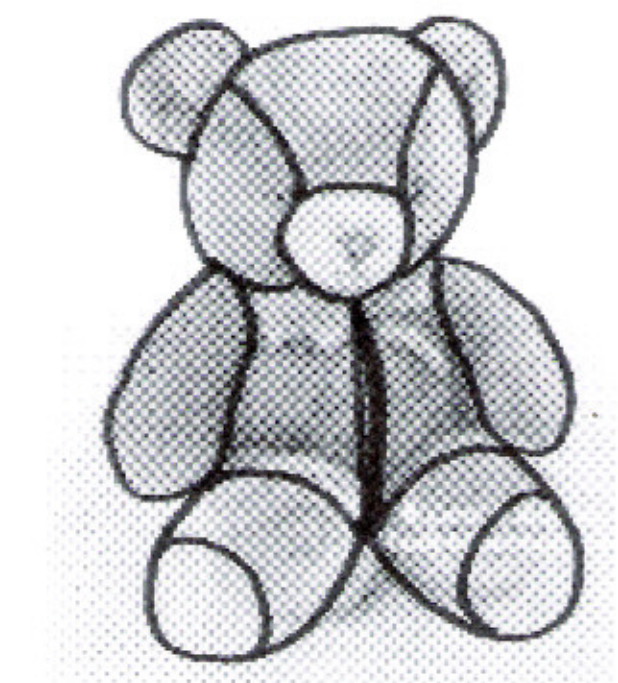


## Creating your own dimensional pattern.



Step 1.

1. Start with a photograph of the shape you want to create.
2. Trace the outside line to establish the shape. Adjust the drawing as you desire. For example: using this photo of a stuffed bear, create a line drawing...but separate the legs a little, and make them longer. Draw the seams in the photo.
3. Trace the image created in step two. Use a solid line for the outside; and dashed lines for the inside part. Make sure you have dashed lines for all the body part joints...like the arms, legs, head, and nose. Add dashed lines for areas that need to be emphasized...like the tummy, the feet, and the face.
4. Draw the eyes, nose, and mouth. Pattern is finished. It can now be reduced or enlarged to fit the project you are using it in.



Step 2.



Step 4. Finished pattern.